



November 2023



Outdoor Ethics & Conservation Roundtable

Leave No Trace Cooking

Agenda

- Welcome and opening (7:00pm Central)
- Safety Moment – Weather Safety
- **Leave No Trace Cooking**
- Marvelous Mundane
- FAQ
- Q&A
- Adjourn



Pledge

I pledge allegiance to the Flag of the United States of America, and to the Republic for which it stands, one Nation under God, indivisible, with liberty and justice for all.



Scout Oath

On my honor I will do my best
to do my duty to God and my country
and to obey the Scout Law;
to help other people at all times;
to keep myself physically strong,
mentally awake, and morally straight.



Scout Law

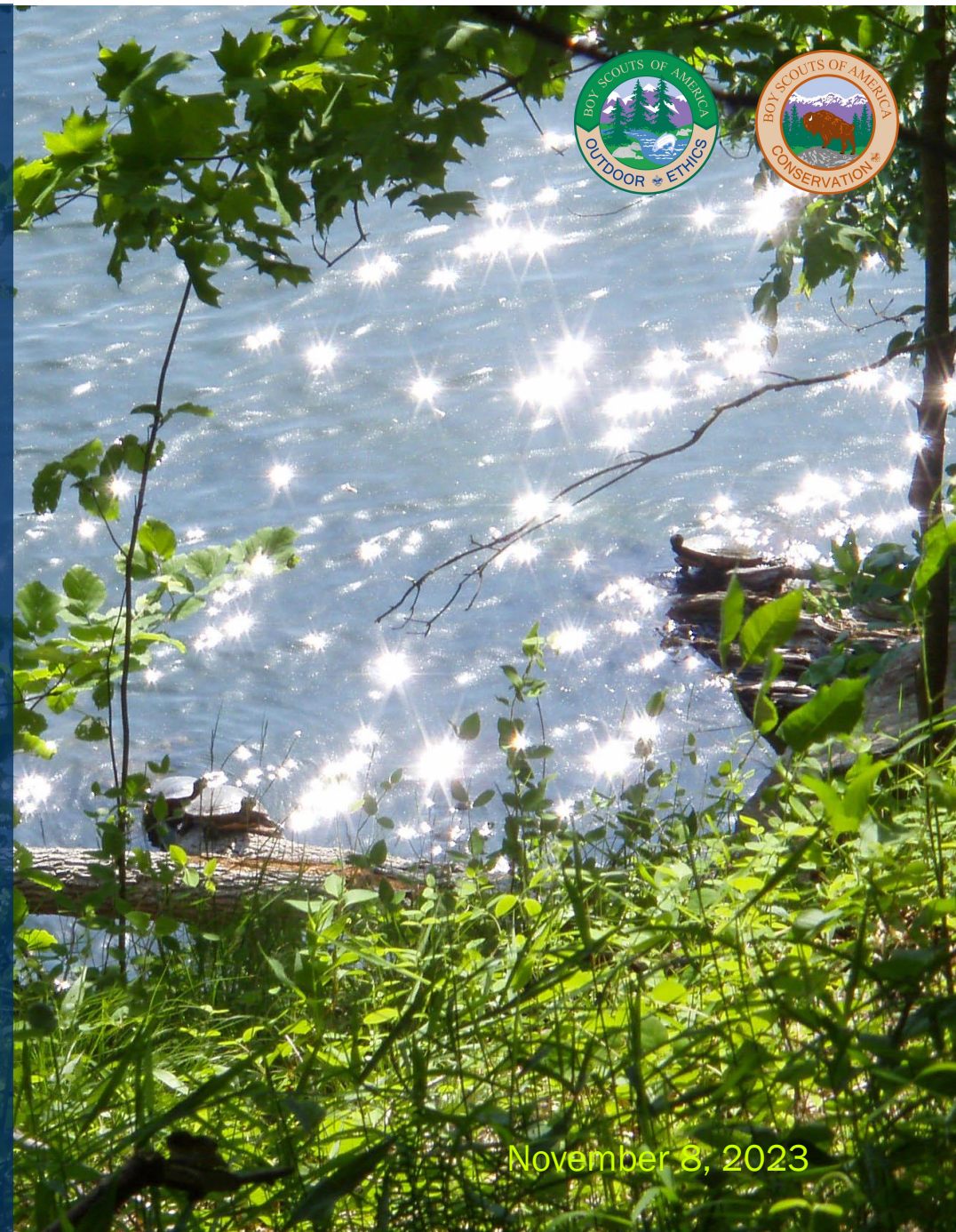
A Scout is:
Trustworthy, Loyal, Helpful,
Friendly, Courteous, Kind,
Obedient, Cheerful, Thrifty,
Brave, Clean, Reverent.



Outdoor Code

As an American, I will do my best to –
Be clean in my outdoor manners.
Be careful with fire.
Be considerate in the outdoors.
Be conservation minded.

Leave No Trace Cooking



November 8, 2023



Safety Moment – Food Allergies, Intolerance and Special Diets

Michelle Bierstedt

Leave No Trace Cooking

November 8, 2023

The background of the slide features six aluminum pots, each filled with spaghetti topped with a meat sauce and a layer of melted cheese. The pots are arranged in two rows of three on a dark, possibly wooden, table. The lighting is bright, highlighting the textures of the food.

Safety Moment

Food Allergies, Intolerance and Special Diets

<https://www.scouting.org/health-and-safety/safety-moments/food-allergies/>

Plan and Prepare Menu Planning

- One in every 13 children has a food allergy.
- Every 3 minutes, a food-allergy reaction sends someone to the emergency room.
- **377% Increase** in treatment of diagnosed anaphylactic reactions to food between 2007 and 2016.
- 85 Million Americans are living with life-threatening food allergies and intolerances.



Food Allergies

A food-allergy reaction happens when the immune system overreacts to a food protein. A reaction can range from mild to severe. In the U.S., the most common food allergens are milk, eggs, peanuts, tree nuts, soy, wheat, fish, shellfish and sesame seeds. However, any food might cause an allergic response, and many people are allergic to more than one food. Also, initial food-allergy reactions can occur at any time.

Food Intolerance

An intolerance is when someone cannot digest a component of a food, such as lactose, a sugar found in milk. An intolerance may cause abdominal cramping or diarrhea but is typically not life-threatening.

Special Diets

Special Diets are meal plans that control the intake of certain foods or nutrients. It is part of the treatment of a medical condition and are normally prescribed by a physician and planned by a Registered Dietician. A therapeutic diet is usually a modification of a regular diet. These include but are not limited to Liquid Diets, Soft Diets, Diabetic Diets, Low Calorie Diets, High Calorie Diets, Low Cholesterol Diets, Low sodium diets, high or low protein diets, low-residue diets and specific diets, such as gluten-free and FODmaps diets.

Reactions

Food allergy symptoms usually develop within a few minutes to 2 hours after eating the offending food. Rarely, symptoms may be delayed for several hours.

The most common food allergy signs and symptoms include:

- Tingling or itching in the mouth
- Hives, itching or eczema
- Swelling of the lips, face, tongue and throat or other parts of the body
- Wheezing, nasal congestion or trouble breathing
- Abdominal pain, diarrhea, nausea or vomiting
- Dizziness, lightheadedness or fainting

Anaphylaxis

In some people, a food allergy can trigger a severe allergic reaction called anaphylaxis. This can cause life-threatening signs and symptoms, including:

- Constriction and tightening of the airways
- A swollen throat or the sensation of a lump in your throat that makes it difficult to breathe
- Shock with a severe drop in blood pressure
- Rapid pulse
- Dizziness, lightheadedness or loss of consciousness

Emergency treatment is critical for anaphylaxis. Untreated, anaphylaxis can cause a coma or even death.



apple allergy reaction



Resources

BSA Guidelines for managing food allergies-

https://filestore.scouting.org/filestore/HealthSafety/pdf/2013Guidelines_Managing_Food_Allergies.pdf?_gl=1*mbf0yn*_ga*MTAzMTcxNzI2MS4xNjk4NTk1MDIw*_ga_20G0JHESG4*MTY5ODU5NTAxOS4xLjEuMTY5ODU5NjUxOC41Mi4wLjA.*_ga_61ZEHCVVHHS*MTY5ODU5NTAxOS4xLjEuMTY5ODU5NjUxOC41Mi4wLjA.&_ga=2.103166472.903753419.1698595020-1031717261.1698595020

<https://www.foodallergy.org/living-food-allergies>

<https://www.eatright.org/health/health-conditions/allergies-and-intolerances/food-allergies-and-intolerances>

<https://www.epipen.com/-/media/files/epipen/howtouseepipenautoinjector.pdf>

Food Allergy Action Plans: A food allergy may lead to a life-threatening allergic reaction (anaphylaxis) and may occur even if previous reactions have been mild. A food allergy action plan is an individualized plan that includes prevention strategies, severe food allergy symptoms, and prescribed emergency treatment in the event a severe food allergy reaction occurs.

Meet with your child and unit adult leadership.

- Discuss the possibility of attending the camp/event. Include the health-care provider, if necessary, in the discussion.
- Review the completed AHMR, being sure to include allergies.
- Develop a food allergy action plan specific for the camp/event, including travel.
- Provide copies of the final food allergy action plan.
- Determine if a parent or guardian must attend the camp/event with their child. This is strongly encouraged, especially for youth who cannot manage the plan alone.

Note: It may be necessary for the family to provide all food for the youth. Agree upon a plan with unit and camp leadership that includes food storage both at camp and during travel, food service methods, availability, etc.



Leave No Trace Cooking

Mark Hammer

Leave No Trace Cooking

November 8, 2023

**BSA National Outdoor Programs & Properties
National Outdoor Ethics & Conservation Subcommittee**



Leave No Trace Meals

**Outdoor Ethics Roundtable
November 8, 2023**

Mark Hammer

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Premise

- Food considerations are major part of Scouting's outdoor program.
- Meal preparation and cleanup, food storage, and food waste disposal have potential negative impacts to the environment and other visitors.
- Different settings and preparation methods require different practices, skills and equipment.
- Any Scouting outing meal can be a "Leave No Trace meal" with proper planning, preparation, equipment, skills and practices.
- Example practices, tips, and meal ideas.

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What is a “Leave No Trace” Meal?

- Is it “What” is on the Menu?
- Maybe “How” and “Where” more important?

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What is a “Leave No Trace” Meal?

- **Planned** considering Leave No Trace Seven Principles
- Pre-Outing **Preparation**
- **Good Judgement** during travel, food storage, setup, meal prep, eating, cleanup, waste disposal.
- **Experiential Learning** – Do, Reflect, Generalize, Apply Learning to Next Time

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Planning - What do we need to consider?

- All aspects of the “Food Cycle”
- Program Level, Participant Dietary Needs
- Location/Facilities/Weather
- Special Cooking Methods
- Group Size, ...

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Other Meal Considerations

- **Short-Term Camp Guidelines**
 - STC Administrator Approval of Menus for District/Council Events
 - Nutrition, Special Dietary Needs (Allergies, Gluten, Diabetic, Religious, Lifestyle)
 - Food Safety Protocols (Prep and Serving),
 - Storage
 - Waste Disposal



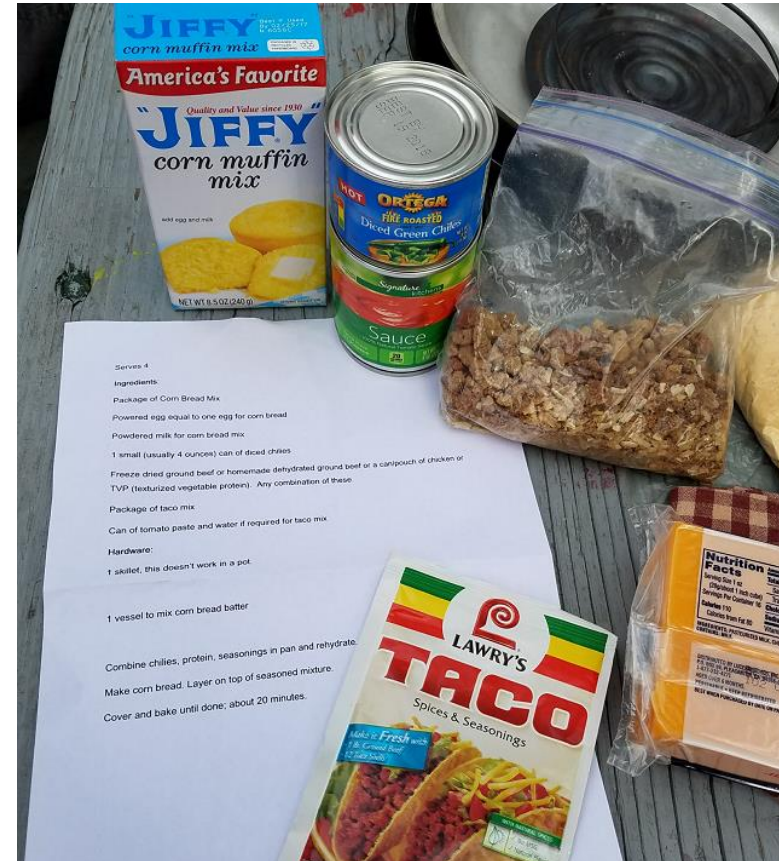
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Our “Food Cycle”

- **Planning:**
 - Location/restrictions/schedule, participants, cooking method / menu, ingredients/amounts
- **Preparation:**
 - Shopping, advanced preparation, packaging
- **Transport, storage**

(cont...)



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Our “Food Cycle” (cont)

- **Meal Preparation:**
 - Food prep, cooking, serving
- **Eating!**
- **Cleanup:**
 - Clean dishes, utensils, pots, stove, table.
 - Disposal of wash/rinse water
 - Leftovers/trash/garbage storage, transport and disposal.





Food Cycle - Beyond Just the Food

- Food Safety
- Equipment & Supplies for each step
- Recipe/Instructions for cooking
- Site/Kitchen location, organization, setup
- Water. Fuel, stove, wood & fire prep
- Fire out, dispose of ashes
- Bear box / hang / canister
- Leftovers / reusables / recyclables / compostables



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Which Principles Apply?



- **Plan Ahead and Prepare – Yes!**
- Travel and Camp on Durable Surfaces – Yes
- **Dispose of Waste Properly – Yes!**
- Leave What You Find – some
- Minimize Campfire Impacts – **Yes!**
- Respect Wildlife – **Yes!**
- Be Considerate of Others - Yes

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Global Sustainability



I don't think reusable straws are going to be enough.

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PROJECT
DRAWDOWN.

[Drawdown.org](https://drawdown.org)

- **The World's Leading Resource for Climate Solutions**
- Project Drawdown's mission is to help the world stop climate change—as quickly, safely, and equitably as possible.
- Identified and are Advancing 90+ effective, science-based climate solutions and strategies.

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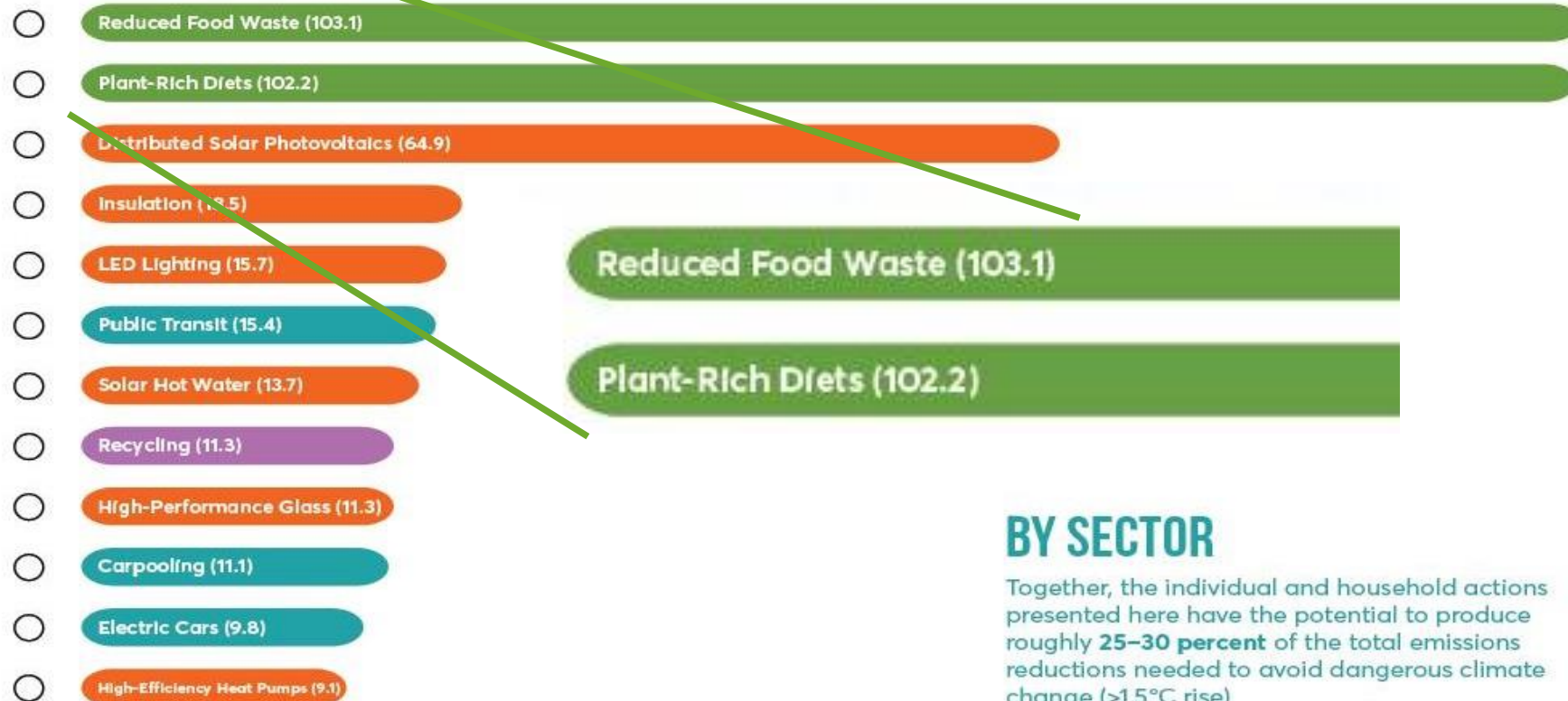
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Drawdown Actions for Individuals

TOP 20 HIGH-IMPACT CLIMATE ACTIONS FOR HOUSEHOLDS AND INDIVIDUALS

The data presented here represents cumulative Gt CO₂-eq over 30 year period



BY SECTOR

Together, the individual and household actions presented here have the potential to produce roughly **25–30 percent** of the total emissions reductions needed to avoid dangerous climate change (>1.5°C rise)

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Food Waste on Outings

- Preparing Too Much
 - Pay attention to # servings, sizes.
 - Participants ? – Age, picky or big eaters
 - Individual Choices (ingredients, amount)
 - FC: Plan for Leftovers - Containers/Cooler
 - BC: Quantities! 1.2# - 1.5# dried / person / day, Flexibility
- Messy Methods (Frying, Boiling Pasta)

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Food Waste on Outings

- Preparation Problems (over/undercooked, seasoning, spills...)
 - Recipe – try at home
 - Cooking instruction, practice, experience
 - Simpler “cooking” techniques
- Individual Preferences (Picky?)
 - Planning – Inclusive
 - Personal Choice Options

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Global Sustainability

- **Single Use Plastics**
 - Packaging is biggest (over half) plastic segment
 - 5 Trillion plastic bags annually (730,000 tons US)
 - US - 50 billion water bottles annually
 - Most of this will outlive us (and our great-grandchildren)
- **Simple Things We Can Do**
 - Frontcountry: Use Reusable containers
 - Backcountry: Reuse resealable bags
 - Reduce/Reuse/Recycle,...

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Dispose of Waste Properly *- Better Alternatives*

- Avoid Single-Use Plastics
- Reusable Containers
- Avoid Creating the Waste Food
- Save Leftovers, Store Properly, and Eat Later
- Use mess kits, water bottles, not disposables
- Recycle
- Compost Scraps

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Meal Examples & Tips

- Detailed Examples – Progression
 - Meal/Cleanup Steps, What Did We Learn
- Another Frontcountry Meal Example
- Backcountry Options & Ideas
- Tips interspersed

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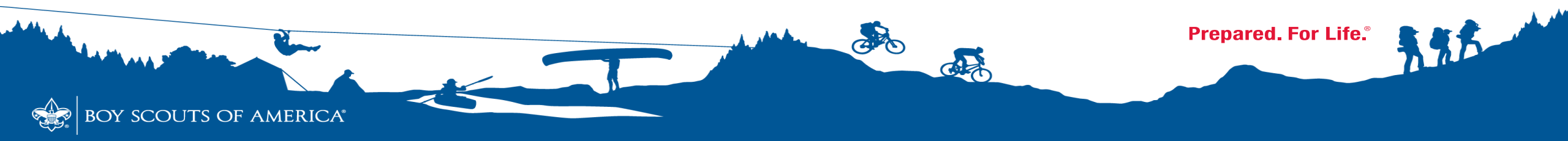


Saturday Lunch

- **Pasta (couscous) and sauce** (backcountry)
Tossed Salad, Cheesy Garlic Bread (frontcountry)
- **Cooking Tasks** **Wash Hands!**
 - Rehydrate Sauce “leather” and Couscous in Bags.
Add pepperoni to 1 bag of sauce.
 - Slice bread, spread topping, Fry until hot/browned
- **3-Pan Cleanup – Everyone Helps!**
 - Scrape Dishes and Pans clean; Wash, Sanitize & Rinse
 - Put food away, cleanup tables, stoves, area
 - Demonstrate straining and disposal



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What did we learn from Lunch?

- **Advanced Preparation**
 - eliminate prep mess, quick & easy prep
- **Rehydrate Group Meal in Bags**
- **Pasta without starchy waste cooking water**
- **Sauce in Bag instead of Pan**
 - No sticky pan, Not burned to bottom
 - Not splattered all over stove
 - Easy to save leftovers or dispose empty bag
 - Vegetarian Option
- **Durable Surface for Kitchen**

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What did we learn from Lunch Cleanup?

- **Tablecloth – Sanitation, mess prevention, easy cleanup**
- **3-Pan Method, Proper disposal of wastewater**
- **“No Chunks” – clean before washing**
 - Use bread to wipe, or Pot scraper
- **Leftovers/Recycle/Compost/Trash**
- **Generalization – Use this in the Future?**



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Saturday Evening Meal

- **Quesadillas** (frontcountry or backcountry)
 - Wash Hands!
 - “Assemble” and cook your own (Avoid Making Messes! Prep/Eating)
- **3-Pan, “No Chunks” cleanup for pans** (frontcountry)
 - Heat water for cleanup
 - Everyone help with cleanup
 - Strain wash water w/ screening, and Rainbow

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Evening Meal

- **What did we learn from meal?**
 - Advanced Preparation
 - Personal Choices – **Amount & Toppings**
 - Example gluten-free alternative – corn tortillas
 - One-Pan cooking
 - Don't walk around dripping food – use plate/bowl, sit
 - Reusable containers
 - Scrim cloth?

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Breakfast

- **Hot Cereal, Freezer Bag Omelets** (front or backcountry)
 - Wash Hands!
 - Omelets - write name on bag, crack eggs into bag (help from buddy), add extras, note the time “in”, cook for ~13 minutes (or done).
 - Oatmeal: Cereal mix, fruit/nuts/etc and hot water – mix in your bowl, eat



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Breakfast Cleanup

- **Minimum Water, One Bowl Cleanup** (backcountry)
 - Tablespoon of hot water, slosh around, “Sump” your bowl.
 - Optional - Tablespoon of hot water, drop of soap, scrub. “Rainbow” the water away from camp
 - Tablespoon of water, rinse. “Rainbow” the water
 - Sanitize in boiling water before next meal
- **Freezer Bag** (either)
 - Eat from bag or serve in tortilla
 - Put empty bag in pocket (or w/ smellables) & use for trash bag

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Breakfast

- **What did we learn from breakfast?**
 - Easy Hot Breakfast
 - Advanced Preparation – Cereal Mix, Chopping Ingredients
 - Personal Choices – **Quantity**, Selections
 - Personal Cook in Bag
 - Personal Cook in Bowl
 - Using Leftovers
 - Reusable containers vs Bags

 - One bowl cleanup

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Sunday Lunch

- **Sandwiches, Fruit, Dessert** (frontcountry)
 - No-Cook
 - Quick, Minimum Cleanup
 - Advanced Preparation
 - Personal Choices
 - Using Leftovers
 - Reusable Containers





Meal Bowls

- Themes: Mexican, Oriental, Mediterranean, Pizza ...
- Frontcountry, Group
- Lay out ingredients in order
- Individual Choices



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Meal Bowls

- Base: rice, chips/fritos, potato, pasta, quinoa, couscous, ...
- Greens: lettuce, spinach, arugula, cabbage, kale ...
- Protein (seasoned) : meat , fish, egg, chili, beans, tofu ...
- Vegies (cook/raw) : onion, pepper, carrot, mushroom, corn ...
- Toppings: tomato, olive, avocado, crouton, seeds, nuts, bacon ...
- Dressing: Caesar/ranch, oriental, salsa, hummus, cheese ...

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Simple Backpacking Kitchen



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Backpacking Meal Ideas Packed by Meal

- Thai Shrimp & Rice
- Spaghetti (Couscous)
- Chili & Cornbread
- Gumbo & Rice
- Burrito, Quesadilla
- Pizza
- Turkey Dinner

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Simple/Quick Backpacking Dinners



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Simple/Quick Backpacking Dinners

- Cook In Cup (add boiling water):
 - lentil / split pea / refried bean, bacon bits, smoked gouda
- Cook In Bowl (add boiling water):
 - Carbs: rice, couscous, potato, sweet potato, cornmeal
 - Veggies: carrot, peppers, zucchini, brussels sprout, peas, green bean, mushroom, okra, spinach
 - Protein: fish, beans, meat, veggie burgers, tempeh, cheese
 - Sauce (leather): pizza, Thai chili, salsa, miso, gravy, soups ...



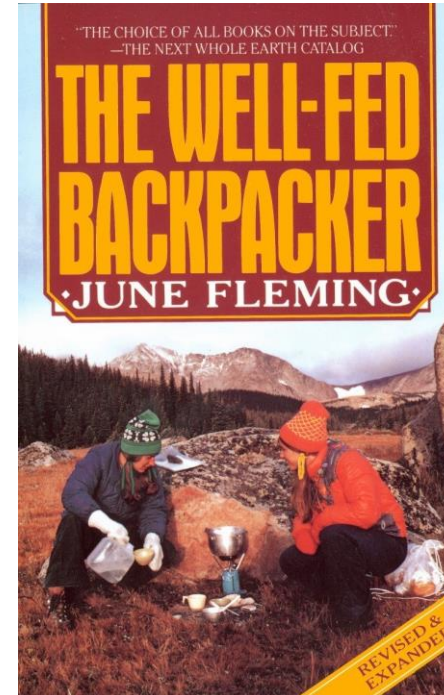
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More Backpacking Food Ideas

- GoExploring.org/food/
 - Meal Ideas
 - Hints, Tips, Recipes
 - Menu Plans
- *The Well-Fed Backpacker*
by June Fleming



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More Ideas

Competition Themes

Foil Packs



Potluck



- Put Your Ideas in the Chat

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Tip - Sanitation is Important!

≡ **Outside**

JOIN NOW SIGN IN

Hand Sanitizer Isn't Cutting It. Here's Why Hikers Need to Start Washing Their Hands.

An outbreak of norovirus on the Pacific Crest Trail proves that hikers' hygiene routines need an upgrade





Global Sustainability – More Information

- Helplessness, Anger, Grief?
- There are things we can all do!
- Learn – Spread the Word
- Support businesses/organizations making a difference
- Vote!

- UN Sustainable Development Goals
<https://www.unep.org/explore-topics/sustainable-development-goals>
- Gates Foundation

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Summary

- Meals are part of the Fun and Adventure
- Keys to ensuring our Meals are “Leave No Trace”
 - Planning and Preparation
 - Leave No Trace Awareness, Principles, Practices
- Lots of ideas for meals, ways to organize them
- Other ideas & tips

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Thanks for Attending!

- Please fill out Survey – We appreciate your feedback!
- Contact us:
 - Mark: meh@LPBroadband.net
 - Roundtable@OutdoorEthics-BSA.org
- Video, Presentation, and Resources will be posted to Roundtables on OutdoorEthics-BSA.org
- Thanks to our Roundtable Workgroup for organizing these OE Roundtables!

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Marvelous Mundane

Matt Durrant

Leave No Trace Cooking

November 8, 2023

The Mundane Marvels of Nature





FAQ time

Scott Anderson

Leave No Trace Cooking

November 8, 2023



Outdoor Ethics & Conservation

FAQ's

Scott Anderson, Chair
National Outdoor Ethics & Conservation Subcommittee



OUTDOOR PROGRAMS/PROPERTIES



SCOUTS *for* SDGs

Why is the BSA not supporting the Sustainable Development Goals (SDGs)?



OUTDOOR PROGRAMS/PROPERTIES



The Better World Framework



Is a set of coordinated programmes, campaigns, calls to action, and events designed to develop the **competencies** of young people to become global active citizens **by taking action** around issues related to **sustainable development**.



SCOUTS
Creating a Better World



World Organization of the Scouting Movement established “Messengers of Peace” and the World Scout Environmental Programme.”



OUTDOOR PROGRAMS/PROPERTIES





SUSTAINABLE DEVELOPMENT GOALS
17 GOALS TO TRANSFORM OUR WORLD



In 2015 the United Nations established the Global Goals for Sustainable Development to be achieved by 2030



OUTDOOR PROGRAMS/PROPERTIES





SUSTAINABLE DEVELOPMENT GOALS

17 GOALS TO TRANSFORM OUR WORLD



The Sustainable Development Goals are a collection of seventeen interlinked objectives designed to serve as a "shared blueprint for peace and prosperity for people and the planet, now and into the future



OUTDOOR PROGRAMS/PROPERTIES





SCOUTS
for **SDGs**



**In 2016 WOSM added “Scouts for SDG’s”
to the Better World Framework.**



OUTDOOR PROGRAMS/PROPERTIES





Why is the BSA not supporting the Sustainable Development Goals (SDGs)?



OUTDOOR PROGRAMS/PROPERTIES



SCOUTS *for* SDGs

Why is the BSA not supporting the Sustainable Development Goals (SDGs)?

**Harsh Reality!
Highly Politicized**



OUTDOOR PROGRAMS/PROPERTIES



SCOUTS *for* SDGs

Why is the BSA not supporting the Sustainable Development Goals (SDGs)?

“The Boy Scouts of America is wholly non-partisan and does not promote any one position, product, service, political candidate or philosophy,”



OUTDOOR PROGRAMS/PROPERTIES





Why is the BSA not supporting the Sustainable Development Goals (SDGs)?

Besides, it is already built into our program!



OUTDOOR PROGRAMS/PROPERTIES





- Community Clothing Drives
- Winter Coat Drives
- Homeless Shelter Support
- Uniform Drives
- Fundraising for Adventure



- Scouting for Food Drives
- Volunteer at Food Kitchens



- Volunteer Blood Donor Drives
- Encourage Physical Fitness
- Outdoor Program
- Encourage Good Nutrition
- Spiritual Growth



- Service Projects at Schools
- Merit Badge / Adventures program
- STEM
- Exploring



- BSA Moved to an All Inclusive Program
- Diversity, Equity, & Inclusion
 - [BSA Statement](#)
 - Scouting U. Training
- Citizenship in Society Merit Badge



- Conservation Service to Clean our Water Resources
- Leave No Trace Practices in the Outdoors
- Soil & Water Conservation Merit Badge Merit Badge



OUTDOOR PROGRAMS/PROPERTIES

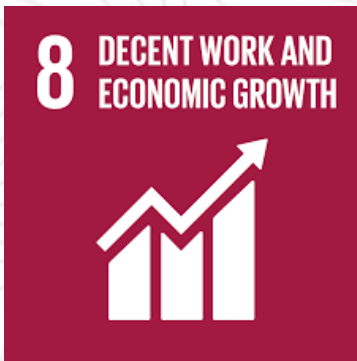




- Sustainability Merit Badge
- Solar in camp



- BSA Moved to an All Inclusive Program
- Diversity, Equity, & Inclusion
- Citizenship in Society Merit Badge
- Scoutreach



- A Scout is Thrifty
- Personal Management Merit Badge
- American Business Merit Badge
- American Labor Merit Badge



- Sustainability Merit Badge
- Community Service



- STEM Programs
- Merit Badges
 - Architecture
 - Inventing
 - Woodworking



- Sustainability Merit Badge
- Reduce, Reuse, Recycle



OUTDOOR PROGRAMS/PROPERTIES





- Environmental Science Merit Badge
- Emergency Preparedness Merit Badge
- Weather Merit badge
- Conservation Service Projects



- Nature Education
- Conservation Service to Clean our Water Resources
- Leave No Trace practices
- Florida Sea Base-Coral Reef Project
- Reduce Plastic Consumption



- Nature Education
- Building Wildlife Habitats
- Removing Invasive Species
- Leave No Trace Practices



- Rebuilding Scouting
- Supporting our Partners



- World Organization for the Scouting Movement (WOSM)
- Partnerships with Agencies and Non-Profits



OUTDOOR PROGRAMS/PROPERTIES





earthtribe®

<https://sdgs.scout.org/initiatives/earth-tribe>



OUTDOOR PROGRAMS/PROPERTIES





Scout Centres of Excellence for Nature, Environment, and Sustainability



OUTDOOR PROGRAMS/PROPERTIES





Thank you for all you do to support
Outdoor Ethics and Conservation in
Scouting



OUTDOOR PROGRAMS/PROPERTIES





Announcements

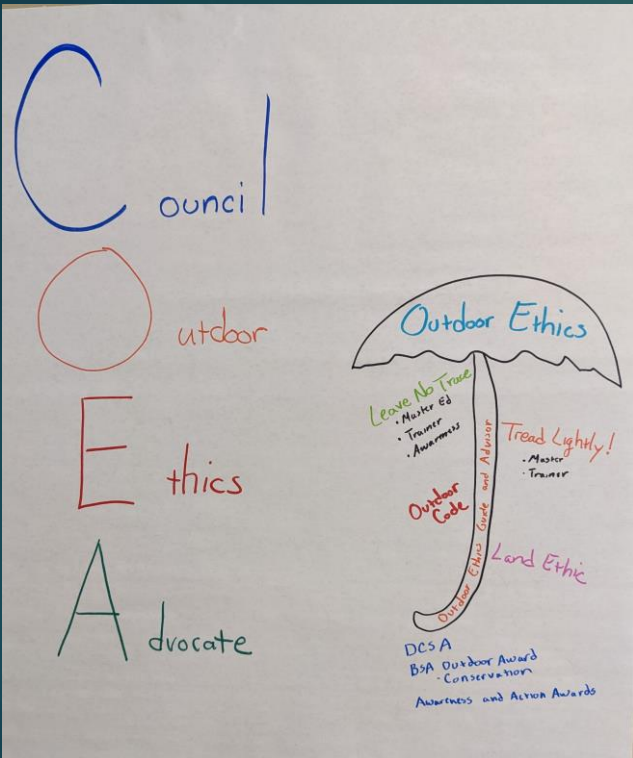
Leave No Trace Cooking

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Announcements



- Level 2 course staff annual survey coming soon
- COEA and Zone Coordinator annual survey
 - <https://secure.outdoorethics-bsa.org/OEAtools/>
- COEA and Zone Coordinator annual database verification
 - <https://secure.outdoorethics-bsa.org/OEAtools/>



VIRTUAL TRAINING COURSE

JAN 6TH & 13TH

10-2 CENTRAL TIME, BOTH DAYS

REGISTRATION: SEND YOUR NAME, BSA ID #, COUNCIL AND UNIT NUMBER TO OUTDOOR ETHICS ROUNDTABLE COMMITTEE AT <ROUNDTABLE@OUTDOORETHICS-BSA.ORG>

Why Attend?

The council outdoor ethics advocate is a volunteer position that coordinates the local council's Leave No Trace training and similar outdoor ethics programs for BSA youth and adult members.

This training is meant to enrich the Scouting experience for the members, help reduce our impact on the land consistent with Scouting's historic message, and help ensure continuing access to public lands for Scouting purposes.

This training will give the Council Outdoor Ethics Advocate tools to coordinate with the council's Training, Camping, Conservation, and/or Program committees. Where appropriate, the council outdoor ethics advocate may also serve on one or more of these committees.

Prior training as a Leave No Trace Master Educator or Trainer is preferred, but it is not required if the individual commits to obtaining the training.



We Need Your Feedback, Please!

<https://tinyurl.com/OECCRT>

SCAN ME



Leave No Trace Cooking



November 8, 2023

2023 Leave No Trace Level 2 Instructor Courses



2024

Apr 26-28, May 16-19	<u>Heart of New England Council</u>	<u>Camp Wanocksett, Dublin, NH</u>	Contact: <u>Timothy Bradbury</u>	
August 11-17	National Council	<u>Northern Tier High Adventure Base, Ely, MN</u>	(Additional info will be posted when it is available.) <u>Flyer</u> Contact: <u>Mark Hammer</u>	Canoeing

http://www.outdoor-ethics-bsa.org/training/me_courses.php

**Dan Howells
Scholarship**
<http://www.outdoor-ethics-bsa.org/DanHowellsScholarship.php>

Leave No Trace Level 1 Instructor courses: <https://tinyurl.com/BSALevel1>



Roundtable minute

From Aldo Leopold's November

"To me an ancient cottonwood is the greatest of trees because in his youth he shaded the buffalo and wore a halo of pigeons, and I like a young cottonwood because he may grow ancient."

The next time you're outdoors, in the wilderness or in town, look at the familiar plants around you. What positive or negative biases do you feel for those plants?





Questions?

Please share your feedback on this roundtable at
<https://tinyurl.com/OECCRT>

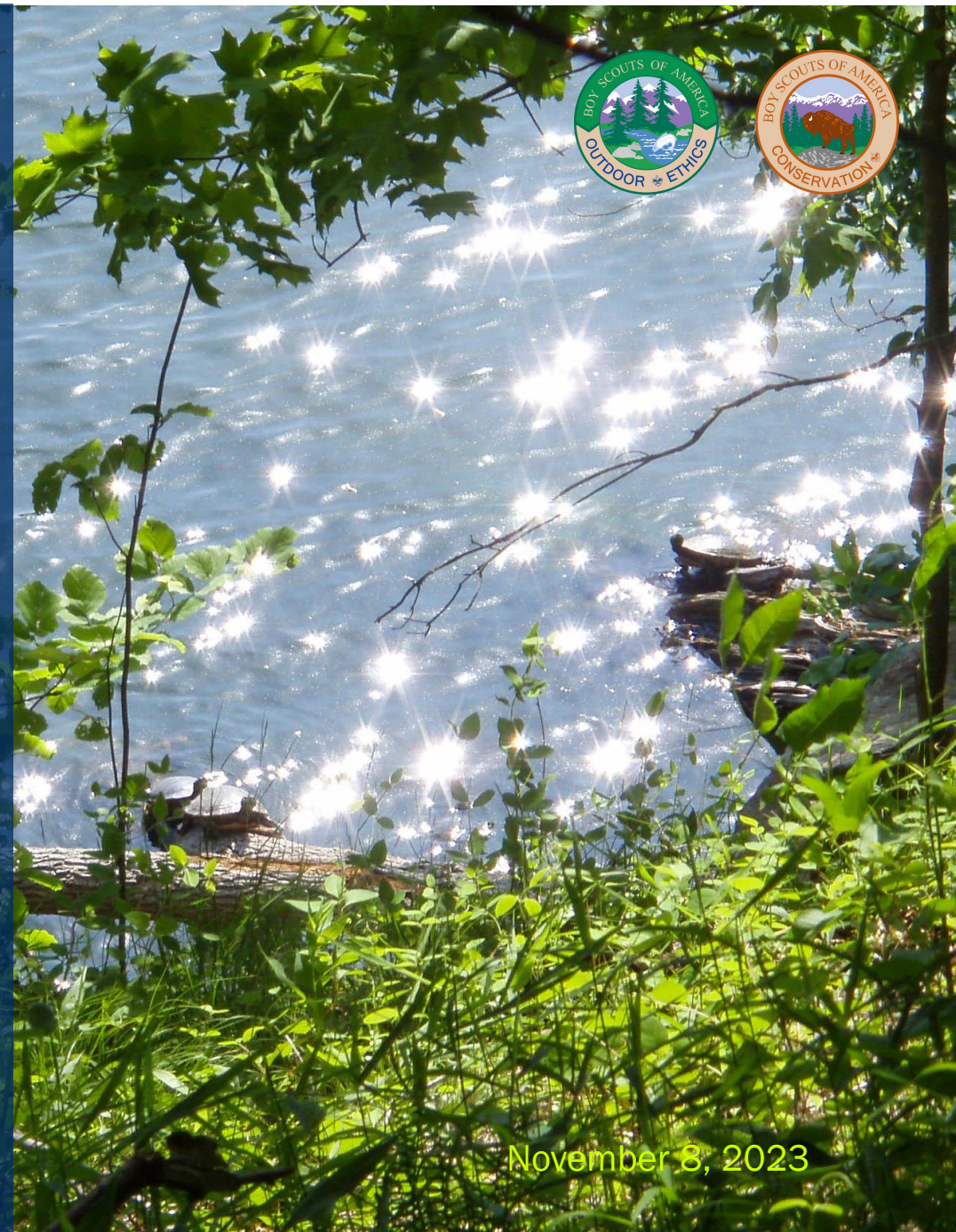
One quick question!

Please take just a minute right now to let us know about topics you'd like to see covered in upcoming roundtables.

Please use the chat now or email any time topic(s) you'd like to see covered in future roundtables to roundtable@outdoorethics-BSA.org

Thank you!

Leave No Trace Cooking



November 8, 2023